



FC  
**CAPITAL  
UNITED**  
SOCCER CLUB



October 15, 2009

## **FC CAPITAL UNITED ACADEMY**

### **Mission**

- 1- To identify youth players between the ages of 11-12 who have the athletic abilities and commitment to the game of football.
- 2- To identify youth players between the ages of 15-17 who have the athletic abilities, Technical skills, game awareness and commitment to the game of football.
- 3- To offer the identified players an environment in which they can develop their maximum potential.
- 4- To provide an environment for advanced coaching development.

### **Program details**

Program will be directed by the Club Head Coach who defines the criteria for its participation and objectives per age group.

- Potential players are identified by the Club Head Coach
- Academy focuses on the following age groups:

**U11 - U12 age group:** Main objective for this age category is to prepare identified players for the OSA Region 5 Program by providing them with advanced training targeting the areas of Advanced Technical skills and game awareness.

**U15-U17 age group:** Main objective for this age category is to prepare identified players for higher level of play and University scholarships; players will be challenged with advanced training by competing with other players of same or higher caliber to improve their game awareness, speed of play and learn to perform under pressure in games situations. For this age group, an Academy Team may be formed where possible and will travel to key events, showcase tournaments; identified players may qualify for additional exposure opportunities to higher Academies, such as Toronto FC, FC Nantes.

- The Academy offers weekly or biweekly training by the Club Head Coach, during the Winter season from November until March.
- The Academy is offered at no cost to players registered with the club; outside players can apply via e-mail to the Club Head Coach.
- Club Coaches will have the opportunity to observe the training sessions.
- The Technical committee will conduct an on-going evaluation of this program.

